Event Calendar

April 2025

01 — Tuesday

No events

02 — Wednesday

No events

03 — Thursday

No events

04 — Friday

No events

05 — Saturday

No events

06 — Sunday

No events

07 — Monday

No events

08 — Tuesday

No events

09 — Wednesday

No events

10 — Thursday

No events

11 — Friday

No events

12 — Saturday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

16:30 — 20:30 Nike After Dark Tour (Women Only) Half Marathon (SOLD OUT)

13 — Sunday

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06:15 — 12:00 The Canberra Times Canberra Marathon Festival

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

14 — Monday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

15 — Tuesday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

16 — Wednesday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

17 — Thursday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

18 — Friday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

19 — Saturday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

20 — Sunday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

21 — Monday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

22 — Tuesday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

23 — Wednesday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

24 — Thursday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

25 — Friday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

26 — Saturday

07:00 — 12:00 Run Wollongong

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

27 — Sunday

07:30 — 09:00 TCS Sydney Marathon Training Runs

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

28 — Monday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

29 — Tuesday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

30 — Wednesday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

May 2025

01 — Thursday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

02 — Friday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

03 — Saturday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

04 — Sunday

07:00 — 11:00 Hoka Runaway Sydney Half Marathon (SOLD OUT)

08:30 - 08:30 Couch to 5k Program

Couch to 5K coaching 2025

05 — Monday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

06 — Tuesday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

07 — Wednesday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

08 — Thursday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

09 — Friday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

10 — Saturday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

11 — Sunday

07:30 — 09:00 TCS Sydney Marathon Training Runs

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

12 — Monday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

13 — Tuesday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

14 — Wednesday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

15 — Thursday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

16 — Friday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

17 — Saturday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

18 — Sunday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

19 — Monday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

20 — Tuesday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

21 — Wednesday

08:30 - 08:30 Couch to 5k Program

Couch to 5K coaching 2025

22 — Thursday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

23 — Friday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

24 — Saturday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

25 — Sunday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

26 — Monday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

27 — Tuesday

08:30 - 08:30 Couch to 5k Program

Couch to 5K coaching 2025

28 — Wednesday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

29 — Thursday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

30 — Friday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

31 — Saturday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

June 2025

01 — Sunday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

02 — Monday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

03 — Tuesday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

04 — Wednesday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

05 — Thursday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

06 — Friday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

07 — Saturday

08:30 - 08:30 Couch to 5k Program

Couch to 5K coaching 2025

08 — Sunday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

09 — Monday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

10 — Tuesday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

11 — Wednesday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

12 — Thursday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

13 — Friday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

14 — Saturday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

15 — Sunday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

16 — Monday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

17 — Tuesday

08:30 - 08:30 Couch to 5k Program

Couch to 5K coaching 2025

18 — Wednesday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

19 — Thursday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

20 — Friday

08:30 — 08:30 Couch to 5k Program

Couch to 5K coaching 2025

21 — Saturday

08:30 — 08:30 Couch to 5k Program Couch to 5K coaching 2025 22 — Sunday 07:30 — 09:00 TCS Sydney Marathon Training Runs 23 — Monday No events 24 — Tuesday No events 25 — Wednesday No events 26 — Thursday No events 27 — Friday No events 28 — Saturday No events 29 — Sunday No events 30 — Monday No events **July 2025** 01 — Tuesday No events 02 — Wednesday No events 03 — Thursday No events 04 — Friday No events 05 — Saturday 06:15 — 12:00 Gold Coast Marathon (10km, 5km available)

06:15 — 12:00 Gold Coast Marathon (10km, 5km available)

07 — Monday

06 — Sunday

No events
08 — Tuesday
No events
09 — Wednesday
No events
10 — Thursday
No events
11 — Friday
No events
12 — Saturday
No events
13 — Sunday
07:30 — 09:00 TCS Sydney Marathon Training Runs
14 — Monday
No events
15 — Tuesday
No events
16 — Wednesday
No events
17 — Thursday
No events
18 — Friday
No events
19 — Saturday
No events
20 — Sunday
No events
21 — Monday
No events
22 — Tuesday
No events
23 — Wednesday
No events

No events

24 — Thursday

No events	
27 — Sunday	
No events	
28 — Monday	
No events	
29 — Tuesday	
No events	
30 — Wednesday	
No events	
31 — Thursday	
No events	
August 2025	
01 — Friday	
No events	
02 — Saturday	
No events	
03 — Sunday	
No events	
04 — Monday	
No events	
05 — Tuesday	
No events	
06 — Wednesday	
No events	
07 — Thursday	
No events	
08 — Friday	
No events	
09 — Saturday	
No events	
10 — Sunday	
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25 — Friday

26 — Saturday

No events
11 — Monday
No events
12 — Tuesday
No events
13 — Wednesday
No events
14 — Thursday
No events
15 — Friday
No events
16 — Saturday
No events
17 — Sunday
07:30 — 09:00 TCS Sydney Marathon Training Runs
18 — Monday
No events
19 — Tuesday
No events
20 — Wednesday
No events
21 — Thursday
No events
22 — Friday
No events
23 — Saturday
No events
24 — Sunday
No events
25 — Monday
No events
26 — Tuesday
No events
27 — Wednesday

September 2025	
01 — Monday	
No events	
02 — Tuesday	
No events	
03 — Wednesday	
No events	
04 — Thursday	
No events	
05 — Friday	
No events	
06 — Saturday	
No events	
07 — Sunday	
No events	
08 — Monday	
No events	
09 — Tuesday	
No events	
10 — Wednesday	
No events	
11 — Thursday	
No events	
12 — Friday	
No events	
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28 — Thursday

No events

No events

29 — Friday

30 — Saturday

31 — Sunday

18:30 — 19:00 Sydney Marathon Pasta Party

14:00 — 22:00 Sydney Marathon After Party

07:00 — 12:00 TCS Sydney Marathon

14 — Sunday		
No events		
15 — Monday		
No events		
16 — Tuesday		
No events		
17 — Wednesday		
No events		
18 — Thursday		
No events		
19 — Friday		
No events		
20 — Saturday		
No events		
21 — Sunday		
No events		
22 — Monday		
No events		
23 — Tuesday		
No events		
24 — Wednesday		
No events		
25 — Thursday		
No events		
26 — Friday		
No events		
27 — Saturday		
No events		
28 — Sunday		
No events		
29 — Monday		
No events		
30 — Tuesday		

13 — Saturday

October 2025

01 — Wednesday

No events
02 — Thursday
No events
03 — Friday
No events
04 — Saturday
No events
05 — Sunday
No events
06 — Monday
No events
07 — Tuesday
No events
08 — Wednesday
No events
09 — Thursday
No events
No events 10 — Friday
10 — Friday
10 — Friday No events
10 — Friday No events 11 — Saturday
10 — Friday No events 11 — Saturday No events
10 — Friday No events 11 — Saturday No events 12 — Sunday
10 — Friday No events 11 — Saturday No events 12 — Sunday No events
10 — Friday No events 11 — Saturday No events 12 — Sunday No events 13 — Monday
10 — Friday No events 11 — Saturday No events 12 — Sunday No events 13 — Monday No events
10 — Friday No events 11 — Saturday No events 12 — Sunday No events 13 — Monday No events 14 — Tuesday
10 — Friday No events 11 — Saturday No events 12 — Sunday No events 13 — Monday No events 14 — Tuesday No events

17 — Friday
No events
18 — Saturday
No events
19 — Sunday
No events
20 — Monday
No events
21 — Tuesday
No events
22 — Wednesday
No events
23 — Thursday
No events
24 — Friday
No events
25 — Saturday
No events
26 — Sunday
No events
27 — Monday
No events
28 — Tuesday
No events
29 — Wednesday
No events
30 — Thursday
No events
31 — Friday
18:00 — 15:00 Carcoar Run Cup
November 2025

01 — Saturday

18:00 — 15:00 Carcoar Run Cup

02 — Sunday

No events
05 — Wednesday
No events
06 — Thursday
No events
07 — Friday
No events
08 — Saturday
No events
09 — Sunday
No events
10 — Monday
No events
11 — Tuesday
No events
12 — Wednesday
No events
13 — Thursday
No events
14 — Friday
No events
15 — Saturday
No events
16 — Sunday
No events
17 — Monday
No events
18 — Tuesday
No events
19 — Wednesday
No events

18:00 — 15:00 Carcoar Run Cup

03 — Monday

04 — Tuesday

22 — Saturday
No events
23 — Sunday
No events
24 — Monday
No events
25 — Tuesday
No events
26 — Wednesday
26 — Wednesday No events
-
No events
No events 27 — Thursday
No events 27 — Thursday No events
No events 27 — Thursday No events 28 — Friday

30 — Sunday

No events

20 — Thursday

No events

No events

21 — Friday